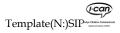
Academic Year: 2022/23		Total fund allocated: £17,500 (£2409 carry forward)		Date Updated: November 2022				
Key Indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children have access to at least 60 minutes of sport and physical activity per day, with 30 minutes of this during the school day.								
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding Allocated:	Evidence and impa	ct:	Sustainability and suggested next steps:			
Children to be physically active	• Encourage Daily Mile challe within class groups.	nge	enthuse children about number of laps done. A	has been introduced to further the activity. Classes record Awards given for distance, t. For some classes, teachers fort levels	Continue with this. Children to take some leadership for this and collating results. Pupil voice questionnaire indicates that children would like more leadership.			
• Provide a wider range of equipment to improve the opportunities available and increase pupils' enthusiasm in relation to physical activities across the school day, and replace existing equipment where necessary.	 Liaise with specialist P.E. sta ideas and inspiration and primary staff to source P.E./sports equipment to facilitate the students' engagement in more physic activity, of high quality and wider variety. 		for exercise and sensor	Ripon (previous cheaper ly broken) ought. To include, rces, cycling helmets,				

				We will continue to use the P.E. premium to provide any additional equipment that will help to engage the pupils in regular physical activity.
•	Track movement of pupils across each day/week and set challenges/goals for all to be more active. Target less active children and focus clubs/actions for those not engaged/active.	 Continue use of 'Moki Technology' (bought July 2021) - step counters/moderate to vigorous activity trackers counters for children to wear, tracking activity at school AND home. Buy more as appropriate 	Surveys of children before use (exercise diary) and monitor activity and children's attitude to these. Teaching staff reported that this was particularly successful with less active pupils and much higher levels of activity when wearing. It was felt that the effectiveness wears off so more bands bought to rotate between classes.	Continue to rotate these between classes. Introduce at Ripon. Take part in some 'Moki Challenges'
•	Children to have opportunity to access sports clubs.	 Children participate in Health and Wellbeing questionnaire. Use information to provide ideas from pupil voice as to what they would like to access. Arrange clubs. 	Staff supported children appropriately to complete questionnaire (Jan 2022). After school sports clubs resumed Easter 2022 (in line with our school COVID restrictions). 9 members of staff to support. As clubs were on for 1 short term this academic year, some pupils from Semi Formal Curriculum were offered rebound club. All pupils from Formal pathway were offered a multi-sport club (as pupils chose such a range of activities in questionnaire, that they would like to participate in). Dance and Bounce club offered to all formal classes Sept 2022 - 16 attendees, 6 girls.	Offer clubs to a greater range of pupils of the coming academic year. Further investigate ways that we could staff after school clubs at Ripon.

		£1,983	PE lead TLR					
emotional regulation. Year 1: MOVE CPD Year 2: Develop Active learnin • Public Health England: Th November 2014: <u>http://b</u>	Year 1: MOVE CPD Year 2: Develop Active learning across the curriculum							
 Develop PE display board in the primary corridor/hall to celebrate participation and achievements relating to primary P.E./sport. 	• Ensure that information (reports, pictures, etc.) are up to date.	-	A Primary P.E. display board has been set up in the primary corridor (Bedale) and this celebrates the participation, achievements and efforts of our pupils from across the primary department. At Ripon, there are 2 PE notice boards, which are kept up to date.	To continue with all that is detailed opposite.				
 Celebration of sporting participation and achievements in 'new' primary newsletter. 	• Ensure that information (reports, pictures, etc.) is provided for the staff responsible for compiling newsletter.		PE has been featured in newsletters across the pathways.					



• Share PE celebration with parents	 Ensure that participation and achievements are shared via the school website, Evidence Me, ClassDojo, class list etc. 		The school have communicated with parents and the wider community through the school website and social media, etc. to celebrate participation and achievements relating to primary P.E./sport. ClassDojo has been used by all primary classes to communicate achievements and progress with parents/carers.	Increase P.E. posts on school social media.
Key Indicator 3: Increased co	nfidence, knowledge and skills of	all staff in the	use of physical movement to support regulation	۱.
(Whole School Goal – Staff h	ave high levels of expertise in mee	eting our childr	en's sensory needs).	
Year 1- Training, Staff CPD an	d research. Trialling regulation sta	ations		
_	f/adult assisted gross motor activi		process.	
https://psycnet.apa.org/reco	rd/2008-02933-000			
	.com/articles/10.1186/s12966-02			
	vsical-education//wp-content/upl	oads/Health-Po	osition-Paper-2020-Web.pdf	
 Identify and organise any P.E. training needed by primary 	CPD opportunities to be available to staff as identified			
training needed by primary teaching staff in order to	appropriate throughout the year			
continue to improve the				
quality of P.E. being				
delivered.				

	Sensory circuits on arrival to school		Purchase small robust trampoline for the quad <u>8ft Compact Round Trampoline </u> <u>Springfree™ Trampoline UK</u> (springfreetrampoline.co.uk) And one for the yard. <u>13ft Jumbo Round Trampoline </u> <u>Springfree Trampoline</u>	£2875	High quality trampoline bought for quad/yard areas (outside), for exercise and sensory regulation. Reduce demand on the rebound trampoline for regulation. Support emotional regulation across the day. Sensory circuits in the main hall. Breakfast club to relocate to the cookery room.	
•	To further increase the number of primary staff with Rebound Therapy (RT) training and therefore the opportunities for our pupils to access RT. Ensure staff have refresher training where appropriate	•	Monitor training records to know when staff need refresher and number of staff qualified within school, so all pupils within Semi Formal and Formal Pastoral pathway can access.		School achieved Centre of Excellence award for Rebound Therapy, January 2023 (valid for 2 years).	
•	Ensure the curriculum is planned so teachers feel confident to deliver high quality PE appropriate for the needs of our pupils.	•	Continue to invest in the "Jasmine Real PE" program and promote the wider use of this with appropriate primary classes.	£495 subscription	School use REAL PE/Jasmine, a PE Scheme of Work which is highly recommended for SEN pupils. Teachers have the flexibility to use this and adapt as appropriate for their class. Learning walks in June/July 2022 have monitored how this has been	

 Jasmine CPD delivered to Primary teaching staff 	Jar	n 4 th 2023	Training paid for last academic budget.	successfully implemented in classes and areas for further development identified. Ensure all staff have Jasmine log ins.	
Key Indicator 4: Increased confid 1,2 and 3) Year 1: MOVE CPD Year 2: Develop Active learnin https://vimeo.com/22373373	ng a		staff in the use	e of physical movement to support Active learni	ng (Whole School Goal
MOVE CPD	•	Abi Earle and Jen Dulling attend Active learning CPD	£300	Cascade learning to support Staff confidence in delivering active learning. The main themes for the priorities for practice included teacher confidence and competence, resources to support delivery, and https://www.ncbi.nlm.nih.gov/pmc/articles/PMC694 3765/community of practice.	In addition to those detailed opposite we will always endeavour to provide new experiences that will challenge and engage our students and hopefully facilitate them
 Provide opportunities for our pupils to experience a wider range and greater amount of sporting opportunities/activities. 	•	A range of sports and activities for children to experience – delivered by external coaches	£450	Skipping coach delivered sessions at Bedale and Ripon site Oct 2021. All classes accessed. Also served to upskill staff and give new ideas of accessible activities to engage pupils in at breaktimes.	in developing a lifetime love of sport and physical activities. Ripon on waiting list to be able to access these sessions too.
				All pupils accessed table cricket coach (Nov 2021). This was free (staff participating in table cricket	

	Dance sessions	£245	training).	
			A specialist dance instructor continues to lead dance	
			sessions for pupils (rotated termly). This is funded through 'We Can Dance' charity. Money has been	
			spent of some resources to further increase	
	Cycling	£3000	engagement of children in the sessions.	
			Specialist bike instructors booked for Bedale and	
			Ripon Primary sites and Bedale Secondary semi-	
			formal classes.	
	Swimming programmes for both	£1556	At Bedale the local swimming pool has been booked	
All pupils to have	Bedale and Ripon sites.		for Monday pm and Wednesday am across the	KS1 and KS2 pupils from
opportunity to swim			academic year 2022/23. Two members of Mowbray staff (trained swimming instructors), who have great	both sites to access swimming.
			knowledge and experience in delivering swimming	Focus on Year 6 pupils
			instruction to pupils with SEN have taught swimming	having extra sessions to
			lessons to all primary pupils at Bedale. Swimming	support achieving end of

Whole school to participate Sport	ange an exciting, motivational rts Week for school, in which all ils participate (off timetable for ek)	£1,300	teachers use a progression of swimming skills, devised for our children, to monitor progress made. Increased confidence in the water and progress in swimming skills has been made by all pupils. Year six in addition, some pupils from Bedale have accessed swimming at another leisure centre. Year six timetabled for extra sessions in the summer term to support progress. An action-packed week was arranged for both sites in Summer 2022. Activities included dance sessions (specialist instructor), inspirational athlete (who also started our Fun Run), kurling (specialist coach), circuits (led by our secondary BTEC pupils), carousel of activities led by teachers (classes playing games together) e.g. rounders, obstacle course; whole school fun run, Commonwealth Games activities led by SGO and Sports Leaders from other schools, canoeing and archery. We also had an external company who provided motivational activities such as zorbing, dodgeball (in an inflatable arena), target games and a speedway alley. All pupils had extremely high levels of physical activity this week, high levels enjoyment and positive comments made by parents regarding the week. When pupils were not participating in these activities they were engaged in other activities promoting physical well- being and independence, such as shopping for ingredients and making healthy recipes.	KS2 goals.
Key Indicator 5: Increased participation in Pupils have greater opportunities to	n competitive sport.			•

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 Provide opportunities for our pupils to experience a wider range and greater amount of competitive sporting opportunities. 	 To buy into the SportsSpecial SSP that will provide a range of support and access to a range of events and opportunities to enjoy sporting competitions through the SSP calendar: football, tag rugby, boccia, multi skills, athletics, cycling, swimming, etc. 	£550	No face to face competitions have taken place until summer term and since many events cancelled. Pupils attended bowling event. SGO have been into both sites and organised Panathlon and Commonwealth Games events. Details of virtual competitions organised by PANATHLON and KOBOCCA, who work with SSP passed onto Primary Staff. Opportunity to take part in a range of virtual competitions. Children took part in 'Cooper Run'.	Following these uncertain times we will do all we can to continue with our high level of participation at SSP events – taking all primary pupils to at least 1 event.
	• To attend any cluster sports events that are appropriate.		Year 5/6 boys (2 events) represented Mowbray at football competition (October and November 2022). Year 6 Entered a ten-pin bowling competition, Mowbray were the overall champions bringing home a trophy. Key stage 1 girls and boys entered a multi skills event at Bedale High School November 2022.	Continue to be part of Swaledale Alliance and Bedale cluster. Feedback has been given about which would be most accessible for our pupils.
Year 7/8 BTEC students to support football competitions within school	Provide opportunity for competition within school		Year 5/6 football club running on Tuesday lunchtimes supported by R.C.	

Meeting National Curriculum requirements for swimming and water safety						
31 Pupils in total	In Autumn 2022					
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?						
What percentage of your current Year 6 cohort use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)?						
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?						
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?						

