

Mowbray Safeguarding Bulletin – June 2022

For staff, parents, and carers



The Domestic Abuse Act 2021 explicitly recognises children as victims of Domestic Abuse if they see, hear or experience the effects of the abuse.

What is Domestic Abuse?

Domestic abuse is any type of controlling, bullying, threatening or violent behaviour between people in a relationship. It can seriously harm children and young people and witnessing domestic abuse is child abuse. It's important to remember domestic abuse:

- can happen inside and outside the home
- can happen over the phone, on the internet and on social networking sites
- Can happen in any relationship and can continue even after the relationship has ended
- Both men and women can be abused or abusers.

Domestic Abuse can take different forms including.

- Physical: for example, hitting, punching, pushing, biting burning or choking
- Psychological/Emotional: for example, putting a person down, controlling them with threats and intimidation, blaming them for the abuse or denying it
- Sexual: any form of sexual activity that takes place without the other person's full consent (e.g., physical contact, withholding contraception, or pressuring into sexual activities)
- Financial: controlling the partner's ability to earn and use their own money and resources (e.g., stopping them going to work, spending or taking their money)
- We know, for some children and families, home might not be a safe place and staying there will be extremely challenging. Some may already be experiencing domestic abuse or worried an adult's behaviour is changing and escalating.
- If you and your family are in immediate danger call 999. If you're unable to talk press 55 after dialling. The police can also remove the person harming you from your home.

Below is a list of some organisations that can offer support and advice

For children and young people – you can call Childline on 0800 1111 (its free and confidential)

- [Relate](#)
[0300 003 0396](#)
You can talk to Relate about your relationship, including issues around domestic abuse.
- [National Domestic Violence Helpline](#)
[0808 2000 247](#)
A 24 hour free helpline run in partnership between Women's Aid and Refuge.
- [Men's Advice Line](#)
[0808 801 0327](#)
Advice and support for men experiencing domestic violence and abuse.
- [National LGBT+ Domestic Abuse Helpline](#)
[0800 999 5428](#)
- Emotional and practical support for LGBT+ people experiencing domestic abuse.

Or call NSPCC, who are there to support all. 0808 800 5000 or email help@nspcc.org

Help if you're worried about your behaviour

If you are, or think you might be, domestically abusing a member of your family, there's help available.

You can call us for information and advice on [0808 800 5000](tel:08088005000), email help@nspcc.org.uk or fill in our [online form](#).

[Respect](#) offers information, advice and support to perpetrators of abuse.

- Call Respect – People living in England, Wales, Scotland and Northern Ireland can call for free on [0808 802 4040](tel:08088024040) (Monday – Friday 9am-5pm).
- Email Respect – You can email Respect on info@respectphoneline.org.uk. They aim to reply to emails within two working days.
- Chat online – Respect have a [webchat service](#) available on Tuesdays and Thursdays 10am-4pm.