



Subject: PSHCE

Academic Year: 2021-2022

Formal Pathway Long Term Plan

	Subject Focus	PfA Focus
Autumn 1	Self-Awareness - Being myself – confidence building, self-esteem and body image (KS3) - Being myself – healthy lifestyle, wellbeing, stress and anxiety (KS4)	<ul style="list-style-type: none"> • Understanding others • Resolving conflict • Resilience • Emotional wellbeing
Autumn 2	The World I Live In - Citizenship- racism and discrimination (KS3) - Anti-Bullying week (KS3 and KS4) - Culture – Discrimination, prejudice, crime and the Criminal Justice System (KS4)	<ul style="list-style-type: none"> • Understanding others • Social, moral and spiritual • Verbal and physical communication
Spring 1	Support and Safety - Safety out and about (KS3) - Online Safety (KS3 and KS4) - Risk and Uncertainty (KS4)	<ul style="list-style-type: none"> • Emergencies and situations • Resilience • Safety • IT literacy
Spring 2	Relationships - Personal Relationships (KS3) - Relationships and the Law (KS4)	<ul style="list-style-type: none"> • Self-awareness and control • Emotional wellbeing • Safety
Summer 1	Me and My Future - Aspirations (KS3) - Transitions (KS3 and KS4) - Careers and Enterprise (KS4)	<ul style="list-style-type: none"> • Leadership • Teamwork • Understanding and managing time • Financial capability
Summer 2	Healthy Lifestyles - Healthy lifestyles and eating (KS3) - Healthy Eating (KS4) - First Aid (KS4)	<ul style="list-style-type: none"> • Personal hygiene and diet • Strength and fitness • Emotional wellbeing



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Formal Pastoral Pathway Long Term Plan

	Subject Focus	PfA Focus
Autumn 1	Self-Awareness - Taking responsibility (KS3) - My Wellbeing (KS4)	<ul style="list-style-type: none"> • Understanding others • Resolving conflict • Resilience • Emotional wellbeing
Autumn 2	The World I Live In - Culture - celebrations (KS3 and KS4) - Anti-Bullying week (KS3 and KS4) - Community, crime and the Law (KS4)	<ul style="list-style-type: none"> • Understanding others • Social, moral and spiritual • Verbal and physical communication
Spring 1	Support and Safety - Rules and Risks(KS3) - Risks (KS4)	<ul style="list-style-type: none"> • Emergencies and situations • Resilience • Safety • IT literacy
Spring 2	Relationships - Types of Relationships (KS3) - Relationships and the Law (KS4)	<ul style="list-style-type: none"> • Self-awareness and control • Emotional wellbeing • Safety
Summer 1	Me and My Future - Money (KS3) - Transitions (KS3 and KS4) - Careers and Enterprise(KS4)	<ul style="list-style-type: none"> • Leadership • Teamwork • Understanding and managing time • Financial capability
Summer 2	Healthy Lifestyles - Mental Wellbeing (KS3) - Basic First Aid (KS4) - Healthy Lifestyles (KS4)	<ul style="list-style-type: none"> • Personal hygiene and diet • Strength and fitness • Emotional wellbeing



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Semi-Formal Pathway Long Term Plan

	Subject Focus	PfA Focus (including Maths and English links)
Autumn 1	Self-Awareness - Knowing myself - Developing independence - Negotiating self	<ul style="list-style-type: none"> • Understanding others • Resilience • Emotional wellbeing
Autumn 2	The World I Live In - Exploration - Culture - My surroundings	<ul style="list-style-type: none"> • Understanding others • Social, moral and spiritual • Verbal and physical communication
Spring 1	Support and Safety - Rules and regulations - Safety at School - Safety Out and About	<ul style="list-style-type: none"> • Thinking skills • Safety • Emotional wellbeing
Spring 2	Relationships - Familiar carers - Group work	<ul style="list-style-type: none"> • Self-awareness and control • Emotional wellbeing • Safety
Summer 1	Me and My Future - New experiences - Organisation - Household tasks	<ul style="list-style-type: none"> • Teamwork • Self-awareness and control • Emotional wellbeing
Summer 2	Healthy Lifestyles - Play - Healty Eating - Hygiene - Support	<ul style="list-style-type: none"> • Personal hygiene and diet • Strength and fitness • Emotional wellbeing • Teamwork