



Subject: PE

Academic Year: 2021-2022

Formal Pathway Long Term Plan

	Subject Focus	PfA Focus
Autumn 1	Ball Skills - Basketball and Hockey Multi-skills Fitness Test 1 School Games Values: Passion	<ul style="list-style-type: none"> • Teamwork • Leadership • Agility, Balance and Coordination
Autumn 2	Net and Wall Skills - Badminton and Volleyball School Games Values: Respect	<ul style="list-style-type: none"> • Agility, Balance and Coordination • Safety • Metacognition
Spring 1	Health Related Exercise and Cooperative Games Multi-skills Fitness Test 2 School Games Values: Teamwork	<ul style="list-style-type: none"> • Personal Hygiene and Diet • Strength and Fitness • Resilience • Teamwork and Leadership
Spring 2	Creative Skills - Gymnastics (Flight) and Parkour School Games Values: Self-belief	<ul style="list-style-type: none"> • Creativity and Innovation • Technology Skills • Metacognition
Summer 1	Striking and Fielding - Cricket and Softball School Games Values: Determination	<ul style="list-style-type: none"> • Agility, Balance and Coordination • Numeracy • Safety
Summer 2	Athletics Multi-skills Fitness Test 3 School Games Values: Honesty	<ul style="list-style-type: none"> • Strength and Fitness • Distance, Weight and Volume • Safety



Subject: PE

Academic Year: 2021-2022

Formal Pastoral Pathway Long Term Plan

	Subject Focus	PfA Focus
Autumn 1	Personal Ball Skills - Bench ball and End ball Multi-skills Fitness Test 1 School Games Values: Passion	<ul style="list-style-type: none"> Resilience Social, Moral and Spiritual Safety
Autumn 2	Social Net and Wall Skills - Badminton and Sitting Volleyball School Games Values: Respect	<ul style="list-style-type: none"> Social, Moral and Spiritual Teamwork Verbal and Physical Communication
Spring 1	Cognitive Health Related Exercise and Cooperative Games Multi-skills Fitness Test 2 School Games Values: Teamwork	<ul style="list-style-type: none"> Understanding others Self-Awareness and Control Metacognition
Spring 2	Creative Creative Skills - Gymnastics (Balance and Travelling) and Dance School Games Values: Self-belief	<ul style="list-style-type: none"> Curiosity, Creativity and Innovation Self – Awareness and Control Metacognition
Summer 1	Physical Striking and Fielding - Cricket and Rounders School Games Values: Determination	<ul style="list-style-type: none"> Agility, Balance and Coordination Strength and Fitness Personal Hygiene and Diet
Summer 2	Fitness Athletics Multi-skills Fitness Test 3 School Games Values: Honesty	<ul style="list-style-type: none"> Safety Strength and Fitness Personal Hygiene and Diet



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Semi-Formal Pathway Long Term Plan

	Subject Focus	PfA Focus
Autumn 1	Personal Multi-skills Fitness Test 1 School Games Values: Passion	<ul style="list-style-type: none"> • Resilience • Social, Moral and Spiritual • Safety
Autumn 2	Social School Games Values: Respect	<ul style="list-style-type: none"> • Social, Moral and Spiritual • Teamwork • Verbal and Physical Communication
Spring 1	Cognitive Multi-skills Fitness Test 2 School Games Values: Teamwork	<ul style="list-style-type: none"> • Understanding others • Self-Awareness and Control • Metacognition
Spring 2	Creative School Games Values: Self-belief	<ul style="list-style-type: none"> • Curiosity, Creativity and Innovation • Self – Awareness and Control • Metacognition
Summer 1	Physical School Games Values: Determination	<ul style="list-style-type: none"> • Agility, Balance and Coordination • Strength and Fitness • Personal Hygiene and Diet
Summer 2	Fitness Multi-skills Fitness Test 3 School Games Values: Honesty	<ul style="list-style-type: none"> • Safety • Strength and Fitness • Personal Hygiene and Diet