

Mowbray School















RELATIONSHIP & SEX EDUCATION POLICY

MISSION STATEMENT/ETHOS

Achieving Success through Understanding, Respect and Endeavour'

Document Status			
Approval responsibilit	y		
Please state either Governing Body, Sub-Committee (please state which) or Headteacher		HT	
Person signing this policy		Jonathan Tearle, Headteacher	
(i.e.Chair of meeting or Headteacher)			
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Contents

- 1. Aims 2
- 2. Statutory requirements 2
- 3. Policy development3
- 4. Definition 3
- 5. Delivery of SRE 3
- 6. Roles and responsibilities 4
- 7. Parents' right to withdraw 4
- 8. Training 5
- 9. Monitoring arrangements 5

1. Aims

The aims of Relationship and Sex Education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- · Help pupils develop feelings of self-respect, confidence and empathy
- · Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies
- Ensure that all teaching is suitable for the developmental ages of the pupils

2. Statutory requirements

Mowbray Primary Department

SRE is not compulsory in primary schools. However, primary schools are required to teach the elements of sex education contained in the science curriculum.

If primary schools do teach SRE, they must have regard to <u>guidance</u> issued by the secretary of state as outlined in section 403 of the <u>Education Act 1996</u>.

At Mowbray, we teach RSE as set out in this policy.

Mowbray Secondary Department

Under section 3.6 of the National Curriculum, RSE is compulsory from year 7 onwards.

Secondary schools must have regard to <u>guidance</u> issued by the secretary of state as outlined in section 403 of the <u>Education Act 1996</u>.

At Mowbray, we teach RSE as set out in this policy.

3. Policy development -

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

- 1. Review a member of staff or working group pulled together all relevant information including relevant national and local guidance
- Staff consultation all school staff were given the opportunity to look at the policy and make recommendations
- 3. Pupil consultation we investigated what exactly pupils want from their RSE
- 4. Ratification once amendments were made, the policy was shared with governors and ratified

4. Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

RSE is not about the promotion of sexual activity.

5. Delivery of SRE

At Primary Level, RSE is taught appropriately depending on the ability and age of the child. Delivery can be through a range of different means from story-telling, use of puppets, drama, film, books, one to one, social stories, joint lessons with the school nurse or whole class as part of a series of lessons.

At Secondary Level, RSE is taught predominantly within the the personal, social, health, citizenship and economic (PSHCE) education curriculum. Biological aspects of SRE are taught within the science curriculum, and other aspects around puberty (KS3) and sexual health (KS4) are taught as a specialised life-skills day with the School Nurse.

Across all Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- · Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required

- · Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- · Managing conflict
- Discussion and group work

These skills are taught within the context of family life.

6. Roles and responsibilities

6.1 The governing board

The governing board will approve the RSE policy, and hold the headteacher to account for its implementation.

6.2 The headteacher

The headteacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory/non-science components of RSE (see section 7).

6.3 Staff

Staff are responsible for:

- · Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- · Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the nonstatutory/non-science components of RSE
- Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

6.4 Pupils

 Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

7. Parents' right to withdraw

Mowbray Primary Department

Parents have the right to withdraw their children from sex education. This does not include what is taught as part of the science curriculum.

Requests for withdrawal should be put in writing and addressed to the headteacher. A copy of withdrawal requests will be placed in the pupil's educational record. The headteacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from RSE.

Mowbray Secondary Department

Parents do not have the right to withdraw pupils from relationships education. Parents have the right to withdraw their child from some aspects of sex education. This does not include what is taught as part of the science curriculum.

A child can request sex education without their parent's consent from three terms before their 16th birthday.

Requests for withdrawal should be put in writing and addressed to the headteacher. A copy of withdrawal requests will be placed in the pupil's educational record. The headteacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from the sex education component of the subject.

8. Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher / PSHCE Lead will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

9. Monitoring arrangements

The delivery of RSE is monitored by Tina Masterman (PSHCE Lead) through Long-Term plans; session evaluations; and learning walks by SLT

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

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